

St. Mark Catholic

Home of the Mountain Lions

A SUMMER BLESSING

May you walk with God
This summer
In whatever you do
Wherever you go

Walking with God ...
Walking with honesty
And with courage,
Walking with love
And respect

And concern for the feelings of others

May you talk to God
This summer
And every day and
In every situation

Talking with God ...
Praying words of praise
For the beauty of creation
Saying prayers of thanks
For friends and good times,
Asking God's help
In all your decisions
Expressing sorrow
When you have failed

May you talk with God
Every day.
Amen.



Author unknown

Thank you for a Fantastic Year!

What a busy year we have had at St. Mark Catholic!

We had a return to sports, clubs, trips, liturgies, Masses, and many other exciting activities around the school. Our school has grown in population to over 700 students and will continue to grow over the next couple of years as construction begins on the new school in Beamsville. Watch over the summer as ground will be broken to begin the new build!

Thank you to all our Mountain Lion Community - staff, students and families for another amazing year and we look forward to 2024-2025.

Enjoy your summer and we hope it will be filled with laughter and fun with family and friends.

Mrs. DeCoff, Mr. Tolomeo, and the St. Mark Staff

Staff Changes for September 2024

This year we will be saying goodbye to a few of our staff members. Thank you to Ms. Duggan, Mrs. Zamora, Mr. Heculuck and Mr. Tolomeo. We wish you all the best in your next journey. All of you will be missed in the hallways of St. Mark Catholic.

Join me in welcoming the following staff members for September 2024.

Miss Villella - Vice Principal

Ms. Proctor-Foster - Classroom Teacher

Ms. Ervick - Classroom Teacher



Classroom Requests for September 2024

Our registrations continue to change which affects the number of staff required at St. Mark. Classroom assignments will be communicated once staffing is confirmed in late August. We continue to be in an incredibly unique position with our ever-changing population in Beamsville and we thank you for your patience and understanding with the staffing process.

Catholic Graduate Expectations

Thank you to our students for their commitment to learning about our Catholic Graduate Expectations.

Throughout the year, students were engaged in meaningful learning about:

- A Discerning Believer
- An Effective Communicator
- A Reflective and Creative Thinker
- A Life-Long Learner
- A Collaborative Contributor
- A Caring Family Member
- A Responsible Citizen

We are blessed to be part of a Catholic School community!

Scholastic Book Fair

THANK YOU St. Mark Mountain Lions for a successful book fair. Your generosity and support raised funds to purchase amazing new books for our school library. Come down to the Library to check them out. Happy Reading!
Mrs. Flynn



Basket Raffle & Ticket Sales

Our annual basket raffle is back! Thank you to everyone who donated. The baskets will be on display in the front foyer the first week of June and they look amazing.

Ticket are \$2.00 for a sheet of 25 or 3 sheets for \$5.00.

Ticket sales are on Tuesday, June 4th from 9:00-11:30 am;

Wednesday, June 5th from 9:00 to 11:30 am; and on Thursday, June 6th from 9:00-11:30 am.

Tickets will also be sold at the Car Show & Vendor Fair from 11:00 am to 3:00 pm. on Saturday, June 8th. Winning tickets will be drawn at the conclusion of the car show. Names and phone numbers are being collected at time of purchase, so no need to be present to win. All proceeds will be used to replace aging technology and purchase physical education equipment for all grades. Thank you for your continued support!



St. Mark Catholic
CAR SHOW AND VENDOR FAIR
SATURDAY JUNE 8, 2024
11:00AM to 3:00PM

Join us for a GREAT DAY WITH FRIENDS AND FAMILY!
 FREE ADMISSION - BASKET BONANZA - 50/50 DRAW
 knights of Columbus will be selling HAMBURGERS & HOTDOGS
 Kool Jims ICE CREAM TRUCK

414 Main St.
 Brantford, ON

DOOR PRIZES
 50/50 DRAW
 BASKET BONANZA

CAR ENTRIES AND VENDOR SPOTS ARE AVAILABLE BUT LIMITED.
 IF INTERESTED, PLEASE click the link for information or EMAIL
 the School St.Mark@ncDSB.com
 VENDOR FAIR TABLES - \$30.00 CAR SHOW ENTRIES - \$20.00

Daily Schedule Changes for 2024-2025 📅

Dear Parents/Guardian(s),

As we continue to work together as a Catholic community of learners, this is to notify you that all Niagara Catholic elementary schools will be on a Balanced School Day schedule effective September 3, 2024. A Balanced School Day is a modified elementary school schedule designed to enhance learning, foster healthy habits, and encourage daily physical activity.

This schedule comprises three instructional blocks interspersed with two nutritional breaks of approximately 40 minutes, allowing 20 minutes for a nourishing lunch and an additional 20 minutes for indoor and/or outdoor physical activity.

A typical Monday to Friday Balanced School Day at St. Mark would be:

- **8:40 - 8:50 a.m. - O Canada and morning announcements**
- **8:50 - 10:50 a.m. - 120 instructional minutes**
- **10:50-11:30 a.m. - 40 minutes nutrition/physical activity break**
- **11:30-12:50 p.m. - 80 instructional minutes**
- **12:50 - 1:30 p.m. - 40 minutes nutrition/physical activity break**
- **1:30 - 2:50 p.m. - 80 instructional minutes**
- **2:50 -3:00 Dismissal**

Tips for Parents



Packing a nutritious meal for the Balanced School Day can be both enjoyable and straightforward. Here are some suggestions to help you plan a healthy lunch for your child:

- Divide a single lunch into two portions to ensure adequacy for each nutritional break.
- Wrap sandwiches individually or cut them in half.
- Separate fruits, vegetables, crackers, and cheese into labeled bags for each break.
- Consider providing two healthy drinks for each break.
- Avoid packing foods containing nuts or nut products to support our peanut-safe schools.
- Involve your child in planning and preparing their nutritional breaks.
- Ensure your child includes a balanced selection of healthy foods if they are responsible for packing their lunch.
- Aim to include items from three of the five food groups outlined in Canada's Food Guide to Healthy Eating for each break.

To accommodate these changes, the school day will be extended by 10 minutes. **As communicated by NSTS, our school day for September 2024 will begin at 8:40 am and end at 3:00 pm.**

Thank you for your attention to this matter.

Sincerely,

Mrs. DeCoff

Around the School in May

Congratulations to Madison and Ivy 🇨🇦🇨🇦

In May, Ivy and Madison proudly represented Canada, along with their Dad, racing in the UCI BMX Worlds championship in Rock Hill, South Carolina. Ivy raced in blistering heat and Madison in pouring rain. They raced hard and met fellow racers from around the world. Ivy and Madison started BMX racing in 2020. They progressed from Novice to Intermediate to Expert.



In 2023, Ivy placed 5th in the district (girls-all ages), 1st in Provincials and 4th in Canada (her age group). Madison placed 1st in district and Provincial and wrapped up 5th in Canada (her age group). They are getting into the 2024 season and aiming to qualify to represent Canada again in 2025. Congratulations Ivy and Madison!!

Congratulations to Albert and Henry 🥋

In April Albert, Henry and older sister Melina competed in a Jiu Jitsu tournament in Fredonia, NY.

Albert won 2 Gold medals (both Gi and no Gi divisions) and the Kids Absolute belt which is an open, single elimination category with no weight class and advanced skill level.

Henry won Gold in his Gi division and Silver in his no Go division. Melina, who is in Grade 10 at Blessed Trinity won 3 Gold medals - Teen Gi, Teen no Gi and Adult Woman's No Gi.

Congratulations to Albert, Henry and Melina!



Big Bear Spiritwear

Orders for Spirit wear will continue to be on going throughout the summer months.

Order your St. Mark Spiritwear including Grade 8 Graduation Hoodies using this link:

[St. Mark Mountain Lions – Big Bear Spiritwear](#)



NIAGARA CATHOLIC
Standardized Elementary Dress Code

Niagara Catholic has a standardized dress code for students in all of our Catholic elementary schools. All students wear navy blue bottoms and navy blue or white shirts.

OUR DRESS CODE COLOURS

Tops
At a minimum, every student is required to wear one of the following:

- Navy or white Oxford shirt (short or long sleeve) or;
- Navy or white collared shirt (short or long sleeve) or;
- School-designed spirit wear

The elementary standardized dress code shirt must be plain (no logos or advertising) and buttoned in a respectable manner. Visible t-shirts worn under the elementary standardized dress code top must be either navy blue or white.

Bottoms
At a minimum, every student is required to wear one of the following:

- Navy sweat pants (Kindergarten - Grade 3) or;
- Navy pants (capri, cargo, denim, kobe or corduroy) or;
- Navy skirts, skirts or dresses or;
- Navy walking shorts.

Only knee-length shorts, skirts or dresses are permitted. All clothing must be in good repair. Grade 8 students have the option to wear grey secondary uniform pants.

Shoes
For health and safety reasons, running shoes with a full back and closed toe are the recommended footwear. Parents/guardians should provide a pair of indoor shoes for physical education and indoor wear. Socks must be worn with the elementary standardized dress code pants or shorts at all times.

Nurturing Souls & Building Minds

BT Corner

May was another very busy month at Blessed Trinity. Some of the highlights in May included:

- Chicago Trip for our Social Science and Business students
- Catholic Education Week – Catch the Spirit Awards
- Mental Health Awareness Week
- Lots of Spring Sports – Flag Football, Lacrosse, Soccer, Baseball, Slo-Pitch, Track and Field, Rugby



· Spring Music Concert

Teachers and students are starting to wrap up the semester and prepare for final exams. We wish all the elementary teachers and students and great end to another school year.

We are already preparing for next year. At this time, we are starting to put together timetables for all of our students, including our newest grade 9 students. We are also preparing our Orientation Day which will be in the last week of August before school starts. More information will be sent over the summer with details. All of our current grade 8's who will be coming to BT in September should plan to be attend the Orientation Day where they will receive their schedule, locker, tour the school and have some fun with our grade 11 and 12 Thunderstruck-Link Crew leaders.

Please contact Blessed Trinity – Mr. John Cino – 905-945-6706 Ext. 2330 or Mrs. Rose Bianco Ext. 2312, if any Grade 8 parent has any questions.



St. Mark Catholic

June 2024



A Member of the Blessed Trinity Family of Schools						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
		EQAO Gr 3 & 6 - May 28 - June 7				1 Mass St. Helen Church 5:00 p.m.
2 Mass: St. Helen Church 9:00 a.m. & 11:00 a.m.	3 Day 5 Gr. 1 & 2 Dairy Presentation 	4 Day 1 Gr. 1 & 2 ARTIST CLASSROOM KC KD 	5 Day 2 KA KB KE FOS Track & Field 	6 Day 3 FOS Track & Field - Rain Day Milk Pizza	7 Staff Professional Development Day School Closed 	8 Mass St. Helen Church 5:00 p.m. St. Mark Car Show & Vendor
9 Mass St. Helen Church 9:00 a.m. & 11:00 a.m.	10 Day 4 11:30 - 12:15 	11 Day 5 Gr 8 @ Milk 	12 Day 1 	13 Day 2 Board Track & Field Olympic Park, St. Catharines Milk Pizza	14 Day 3 Play Day School Day 	15 Mass: St. Helen Church 5:00 p.m.
16 Mass: St. Helen Church 9:00 a.m. & 11:00 a.m. 	17 Day 4	18 Day 5 Rain Date - Board Track & Field, Olympic Park, St. Catharines 	19 Day 1 	20 Day 2 Gr 8 Graduation @ Club Roma @ 5:00 pm Milk Pizza	21 Day 3 Gr. 2 @ 	22 Mass: St. Helen Church 5:00 p.m.
23 Mass: St. Helen Church 9:00 am & 11:00 am 24 Mass St. Helen Church 9:00 am & 11:00 am	24 Day 4 	25 Day 5 Gr. 7 @ 	26 Day 1	27 Day 2 LAST DAY SCHOOL'S OUT FOR THE SUMMER 	28 Staff Professional Development Day School Closed 	29 Mass St. Helen Church 5:00 p.m.

TUESDAY, SEPTEMBER 3, 2024 - COMMENCEMENT OF 2024-2025 SCHOOL YEAR

June 2024 Calendar.pdf

[Download](#)
737.9 KB



Principal

J. Tolomeo

Vice Principal

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Jennifer DeCoff

Jennifer is using Smore to create beautiful newsletters

